



# RIVERSIDE NEWS

Newsletter Of Riverside United Church (March 2026 Edition)

## PASTORAL NOTE

### THE JOURNEY THROUGH LENT

**T**he journey to Pentecost begins in the reflective season of Lent, a period in which Christians prepare their hearts through repentance, prayer, and renewed commitment to God especially through fasting.

Lent invites us to walk deliberately with Christ by setting aside distractions that prevent us from living true to His Word. This season reminds us that spiritual renewal requires deliberate discipline and a willingness to be transformed by God's grace.

During Lent, Christians are called to be humble and compassionate, remembering that Christ identified himself with the poor, the displaced, and the vulnerable. Acts of generosity, prayer, and service become our practical expressions of faith and this helps us align our lives with the teachings of Christ.

Lent teaches us that true discipleship is not just belief, but a life shaped by love and obedience.

The journey of Lent prepares Christians for Pentecost by creating the right spirit that is ready to receive the Spirit of God. Just as the early disciples waited in faith and expectation, we too are invited to prepare ourselves spiritually so that God may work in us and through us.

As we move through Lent toward Pentecost, we are reminded that the Christian life is a journey of continual renewal. We are called to be humble and compassionate and also grow in faith so that we can become instruments of God's peace in the world.

Rev. Adedeji Sunday Akintayo.



**R**ev. Adedeji Sunday Akintayo's carried out a child christening of baby Liora Oluwafifehanmi Olagbemi.

A special thanks to the church council and Tomi Omishakin for coordinating efforts for the wonderful gifts the church gave the Olagbemi's child.



## RUC BIBLE VERSE OF THE MONTH

### **Micah 6 vs 8.**

**He has told you, O mortal, what is good;  
and what does the Lord require of you but  
to do justice, and to love kindness, and to  
walk humbly with your God?**

### **Reflection:**

**This verse reminds us that to be a disciple  
of Jesus, you must walk humbly with God  
and do good to others. Today, we choose to  
walk humbly with You. We choose to live by  
Your Holy Spirit and to follow Your lead.  
Help us to hear You clearly, for we do not  
want to walk by pride or self-sufficiency,  
we want to walk with You oh God.**

## RUC PRAYER OF THE MONTH:

**Eternal God, in this lent season, we ask You  
give us strength to act justly, love mercy,  
and walk humbly and to seeks divine  
guidance to protect the vulnerable, show  
kindness in harsh situations, and maintain a  
humble, close relationship with God daily in  
Jesus Christ name.**

# SUNDAY WORSHIP CALENDAR

All services begin at 11:00am  
and are live-streamed on  zoom

For people joining us online please click the Zoom link below

**MARCH 01**

**COMMUNION / SECOND SUNDAY OF LENT**

**MARCH 08**

**THIRD SUNDAY OF LENT**

**MARCH 15**

**FOURTH SUNDAY OF LENT**

**MARCH 22**

**FIFTH SUNDAY OF LENT**

**MARCH 29**

**SIXTH SUNDAY OF LENT**

**APRIL 03**

**GOOD FRIDAY**

**APRIL 05**

**EASTER SUNDAY**

**APRIL 12**

**SECOND SUNDAY OF EASTER**

**APRIL 19**

**THIRD SUNDAY OF EASTER**

**APRIL 26**

**FOURTH SUNDAY OF EASTER**

## MARCH AND APRIL 2026 RIVERSIDE UNITED CHURCH SCRIPTURE READERS

Date	Name
March 01	Olaitan Adegbenro
March 08	Brenda Mandel
March 15	Brian Homer
March 22	Kelvin Hill
March 29	Albert Schenk

### Good Friday

April 3	Stella Cox - Isaac - Brenda - Rev Ade
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### Easter Sunday

April 5	Pauline Esho
April 12	Brian Homer
April 19	Ojo Emmanuel
April 26	Louise Samson

## RUC IN FEBRUARY 2026

February weeks was a time of reflection on Black History Month. We carried out four weeks of listening and learning from four black members of our community.

- RUC held /Communion Service on the 1st of February 2026.
- RUC held Black History Week 2
- RUC held Black History Week 3
- RUC held Black History Week 4

February 15 - Worship Committee meetings were held in the sanctuary.

February 15 : we welcomed Kathy Riches and another member of World Day of Prayer in a planning session with Riverside women (Bunmi Onifade, Esther Omotosho, Folashade Adewoye, Stella Cox et al.)

February 18- Ash Wednesday Study was conducted by Rev Adedeji.

February 20 to 21 - Nakonha:Ka Youth delegate council meeting was held in Riverside United Church.

February 22- Riverside United Church council meeting was held in the sanctuary.

# RUC PROGRAMS

## ● OUT TO LUNCH

- Every Tuesday 12:00 noon. This seniors program continued to catered delicious meals for our seniors.
- Out to lunch is currently on break and they will return back on the 14th of January, 2025

## ☕ KOFFE KLATCH.

This program continues to be a great networking of people every Wednesday morning. Nice coffee and snacks are always been served and books were on display for people to share for members that wish to read and a special networking of people from our community.

Please expect emails from Sir Albert for meetings dates.

## ● RIVERSIDE CARE AND SENIOR'S PROGRAMS:

☺ Walking the Seasons and Reflection on My Life: Expect email from Aileen for meetings dates.

## ● RIVERSIDE YOUTH AND KIDS MINISTRY:

The children Sunday school class is open for all children. The dedicated personnel handling the children are provided every Sunday.

## ● RUC INTERFAITH AND REFUGEES PROGRAM:

This program provides services for newly arrived refugees. Rev. Adedeji and entire council has continued to support the new members on spiritual and physical needs.

We also welcomed new members and provided necessary support to enhance their integration into our community.

# COMMUNITY LUNCHROOM



214, 14th Avenue, Deux  
Montagnes.

We offer a free lunch each  
Tuesday at noon, everyone is  
welcome to come and try our  
delicious cuisine which includes

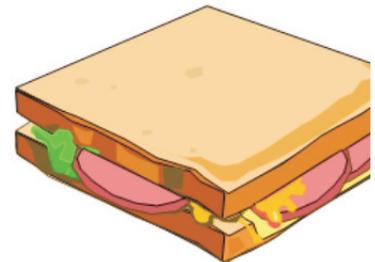


many popular dishes: soup and sandwiches or a hot entrée also a choice of salads and a variety of different desserts.

Our group of volunteers will be happy to welcome you each week,  
You can access the menu each week on facebook @free.lunch123

So come along with your friends any Tuesday and enjoy the convivial atmosphere and delicious food.

If you would like more information, or would like a lift to the event please call Judy at (450) 491-6052 or Stella at (450)623-5192. All donations are welcome a box is provided for your contributions.



This program is sponsored by the Riverside United Church in Rosemère and a Grant from the Good Samaritan Fund of the United Church

## RIVERSIDES CARE AND SENIOR'S PROGRAMS

# joyful CONNECTIONS

Riverside United Church invites young adults and older adults to join us every Wednesday afternoon

### Intergenerational Convos

*Experience joy & connection as our stories bring us together!*

Join us this Fall on Zoom

Register Today:  
info.joyfulconnections@gmail.com



**Aileen Borrueal**

Director of Joyful Connection

**E**very Wednesday we continue our Intergenerational Convos group online from 1:00-2:30pm where seniors and young adult volunteers come together to connect, share stories and learn from one another no matter what age we all are.

RUC Nature Walk and Talk in every month (Location will be emailed to everyone).

Reflection of my life program. Join us as we share lunch together and connect through reminiscing and story telling, while enjoying the company of one another. (Location will be emailed to everyone)

All of the programs are facilitated by Aileen - Joyful Connections

For registration and further information about this program please

**☎ or email Aileen.**



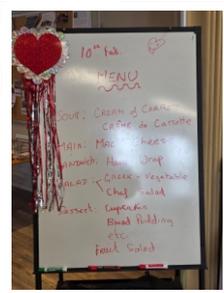
# OUR COMMUNITY PHOTOS

Join us on our social media page through this links

 <https://youtu.be/Xyyxlagdu3E?si=-VIRozlX46B1NVcU>  
 <https://www.facebook.com/share/yXSmriY44iX33ewZ/?mibextid=K35Xfp>

LENT

# OUT TO LUNCH



# JOYFUL CONNECTION



# RUC YOUTH AND CHILDREN MINISTRY



# UPCOMING EVENT/ MEETING

**INTERNATIONAL WOMEN DAY.  
MARCH 8TH.**

## **Lent Worship Services**

**GOOD FRIDAY  
WORSHIP SERVICE  
- APRIL 3RD.**

**EASTER SUNDAY  
WORSHIP SERVICE.  
- APRIL 5TH.**

**2026 Registration for United Spirit Summer Camp. @  
RUC today.**

**Registration for National Event Info Session- The  
Collective – April 12-15, 2026. @ Brock University, St.  
Catherines, ON. This national event is for youth  
entering grade 9 and up, young adults (18-30) and  
their leaders.**

**Please ask for your tax documents from Brenda &  
Maryse.**

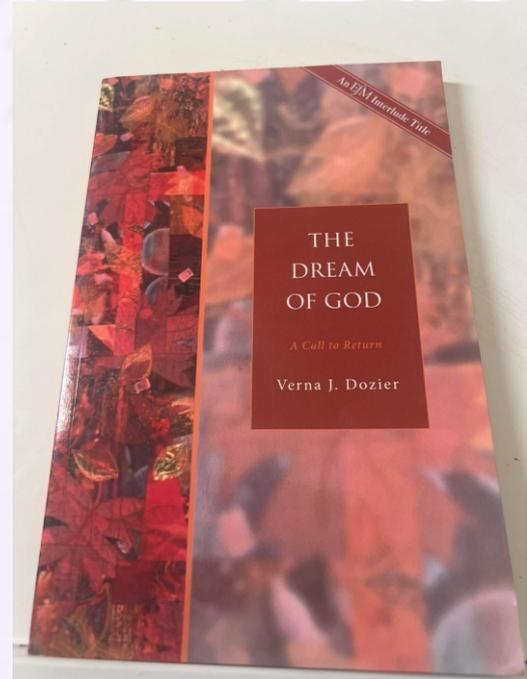
**World Day of Prayer 2026: March 6th 2026 this year  
edition is coming from Nigeria. We are expecting  
Kathy Richies to come and have second planning  
session with us.**

**WIBUC Flourishing Conversation on Food Security.  
March 10 @2:00 pm to 3:30 pm – Summerlea United  
Church.**

## SPECIAL NEWS

### THE WIBCC WINTER BOOK STUDY.

**A special thanks to Stella Cox, Brian Homer and Fro Arvanitis for attending the cluster winter book study.**



**March and April worship services will focus on Lent and Easter.**

**LENT**

## **DRIVING SUPPORT FOR RUC SENIORS**

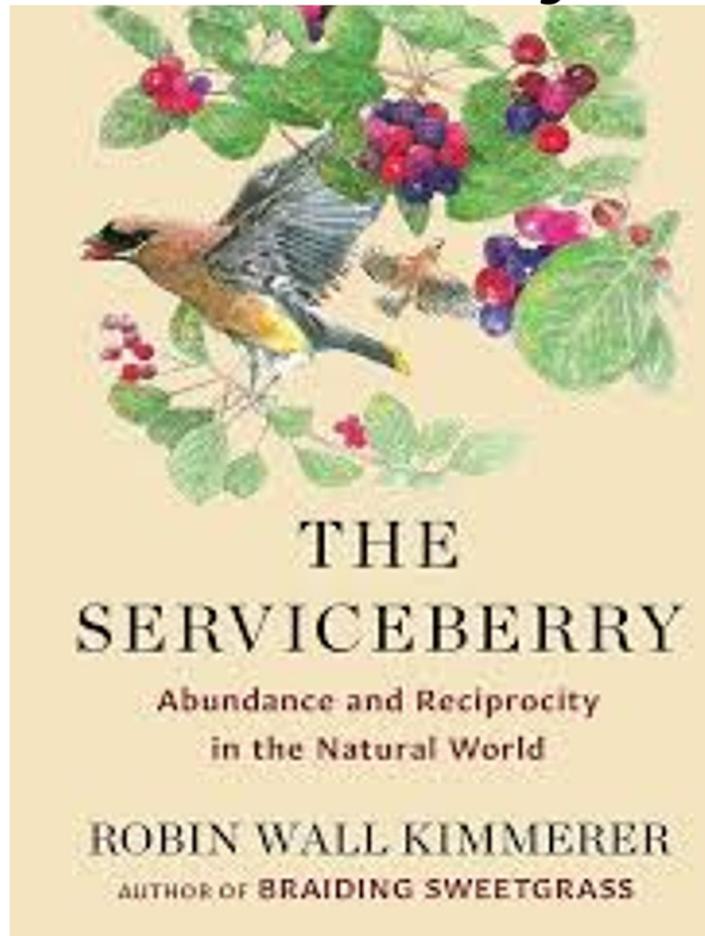


**This support is now available for our seniors that wish to come to the church but can't drive especially in the winter season.**

**Please call Rev Ade or Mr Brian Homer and be assured that we are going to send a driver to pick you at home on Sunday morning.**



# WIBUC Lenten Book Study



**Wednesdays**

**February 25 to March 25, 2026**

**9:30-11:00am**

email: [minister@mergingwaters.ca](mailto:minister@mergingwaters.ca)  
for zoom link

**Please share widely with friends. To register, please contact  
[minister@mergingwaters.ca](mailto:minister@mergingwaters.ca). Or speak to Rev. Adedeji.**

# RUC MORE NEWS

## Youth Group

The Youth Group continues to meet every Sunday at church. Join us as we explore different stories from the Bible and do some fun activities.

## Taxi Service

We still have plenty of coupons to hand out to anyone who needs to use the local taxi service. Coupons can be mailed to you or you can drop by the office on Thursdays to pick some up. Please contact Ade if you need this service.

## Regional Council News

**A Nakonha:Ka Regional Council:** Continue to held her executive monthly and various committees meetings. The council focus is on implementing strategic planning initiatives and humbly seek support from all churches for collective impact that will advance Christ's lights and love in the world.

**B West Island Clergy and Beyond:**

The West Island and Beyond Cluster leaders continue to engage in spiritual and planning for the future of the church. The leaders started designing the schedules for the 2026 summer cluster worship. The cluster request for participation of congregational members in our WIBCC flourishing meetings. If you have any questions about the WIBCC or Regional Council. Please speak to Rev Adedeji.

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1. United Church: <https://united-church.ca/subscribe-updates>
2. Web site (in English): <https://nakonhakaucc.ca/>
3. Site Web (en français): <https://nakonhakaucc.ca/fr/>
4. Facebook: <http://www.facebook.com/Nakonhaka>
5. Twitter: [http://www.twitter.com/nakonhaka\\_uccan](http://www.twitter.com/nakonhaka_uccan)
6. Instagram: <http://instagram.com/nakonhaka>
7. West island Website: <https://www.westislandriversideunited.org/>
8. Riverside Website: <https://www.riversideunited.org/>



## PASTORAL CARE

For any pastoral care matters/emergencies please call:  
Rev. Ade 514-473-3548

Deadline for Submissions to the next newsletter: **MARCH 20**

## CONTACT INFORMATION

Email: [riversideunitedchurch@hotmail.com](mailto:riversideunitedchurch@hotmail.com)

Church Office Phone: 450-437-5560

Join us on Facebook: [Église Unie Riverside United Church](#)

Address: 200 Chemin de la Grande-Côte, Rosemère, J7A 1H4



*'May God bless you  
and keep you;  
may God's face shine on you  
and be gracious to you;  
may God's face turn toward you  
and give you peace.'*



**Rev. Adedeji Sunday Akintayo**  
*Minister in Charge*